



## **Join the Briscoe Cross Country Team!**

**Over 100 Briscoe students ran last year.**

**What:** Run on trails and compete against other middle schools in our conference. (No experience necessary.)

**Where:** Practice at BHS fields. (Home meets at Phillips Estate, Beverly)

**When:** Practice starts Friday, Sept. 8. Practice is 3:15-4:30, 3-4x/wk. Season runs until end of October.

**Why:** To get in shape, stay in shape, make new friends, and help your team!

*Please pick up paperwork after school on Thursday, Sept. 7 in the front lobby at Briscoe. Cost is \$100 and includes team shirt. Health form and parental permission also required.*

*Questions? Contact Coach Jill Page at 978-927-4203 or Coach Jen O'Neil at [jensoneil@comcast.net](mailto:jensoneil@comcast.net).*